



## **Branch 445 Bulletin Royal Canadian Legion**

**345 Lansdowne St.  
Callander ON P0H1H0  
Office: 705-752-3773  
Lounge: 705-752-1322  
[www.callanderlegion.ca](http://www.callanderlegion.ca)**



**February 2015**

## Branch 445 Executive - 2013/2014

<b>BRANCH EXECUTIVE</b>		
President	Glenn Bennett	705-752-5923
Past President		
First Vice	Caven Ford	705-752-2951
Second Vice	Ron Van Tassell	705-497-1102
Third Vice	Richard Rhindress	705-752-3935
Treasurer	Kathy Landon	705-752-5365
Secretary	Helen Turgeon	705-752-2624
<b>ELECTED &amp; APPOINTED EXECUTIVE COMMITTEE</b>		
Membership	Emma Bennett	705-752-5923
Sgt. at Arms and TOD	Steve Larocque	705-776-1625
Poppy Chair	Nancy Clark	705-752-5689
Public Relations Officer	Leslie Cerisano	705-752-0739
Bar	Jim Landon	705-752-5365
House and Property	John Pearce	705-752-2297
Banquets	Helene Lariviere	705-472-4688
L.A. Liaison Officer	Don Bickerton	705-752-2204
Bylaws, Honors and Awards	Don MacDonald	705-497-3103
Seniors	Jack Else	705-752-2351
Pipe Major	Lloyd Stamp	705-752-3663
Nevada / Lottery	Janice Daniher	705-752-4673
Sick and Visiting	Tony Gagliardi	705-752-2867
Chaplain	Len Burnham	705-492-6420
Sports	Alan Clark	705-752-5689
Service Officer	Ron Van Tassell	705-497-1102
Audit/Finance Committee	Karen Duquette	705-497-3135
Bulletin	Caven Ford	705-752-2951
Youth and Education	Len Burnham	705-492-6420
1st. Callander Scouting Rep	Caven Ford	705-752-2951
<b>LADIES AUXILIARY EXECUTIVE</b>		
President	Helene Lariviere	705-472-4688
Past President	Irene Lewis	705-491-2216
First Vice	Marion Smith	705-752-1205
Second Vice	Brenda Lalonde	705-476-4445
Recording Secretary	Helen Turgeon	705-752-2624
Treasurer	Leslie Cerisano	705-752-0739
Sgt. at Arms	Cecile Farmer	705-752-5993
Sports Officer	Laura Ranger	705-476-6974

## **PRESIDENT'S REPORT**

Comrades,

The cold long winter seems to get colder every week, but come out to your Legion, we are a warm and cheerful group. We still have our dine-ins every Friday night and other regular scheduled events through out the week.

Some of the up coming events to keep in mind would be our Fish Derby in February on family day weekend. There will be lots of great prizes and a great spaghetti dinner. Then in March we have our annual Granny Franny's St. Patrick's day dinner of corned beef and cabbage and potatoes so come on out and enjoy.

We would love to have some extra volunteers to help out at some of the events; if you want to help just let us know. Call the branch and leave a message or call me personally and let me know how you can help, or what you would like to do.

Always remember we are all volunteers and didn't know how to do it at first, until we were shown Please come and help, I am sure the group will help you get started.

Yours in Comradeship,  
Glenn Bennett, Branch President

## **POPPY COMMITTEE**

Comrades,

At our general meeting, Poppy Appreciation awards were presented to Nipissing Manor for their generous donation and also their superior care of our veterans and to 1st Callander Scouting for their help with our door to door campaign. A special thank you to Joanna Jacobs for the Beavers' presentation at our veterans dinner and for her expert wrapping of the veterans Christmas gifts. Brian and myself also presented an award to Angies Barbershop for her donation to our poppy fund. We would like to give a big thank you to Mark's Work Warehouse for their very generous contribution to the Christmas gifts we provided to our veterans in Nipissing Manor.

We have ordered our poppies for next year and are raring to go. Thank you again to everyone for making 2014's campaign a great success - lets better it this year.

Yours in Comradeship,  
Nancy Clark and Brian Villeneuve, Poppy Co-Chairs

## SPORTS OFFICER'S REPORT

Comrades,

Not much to report this month. The Gord Evans Memorial Dart Tournament will be held on Feb 7, so results not in right now. See Larrie Coulson to sign up to play.

Inter Branch Darts that were supposed to be held on Feb 21st at Branch 445 are now to be played on March 21st at Branch 445. Zone Mixed Darts are to be played at Kearney on March 7, instead of March 21st as of original change of plans. SORT OF LIKE A THREE STOOGES SKIT ISN'T IT? In summation : check with Helen as to the latest update on Inter Branch darts. She should know by Wednesday.

Sorry for the vagueness about everything but.....see you when we get back. Comrade Don MacDonald has graciously offered to fill in for me in my absence. Please contact him with any questions or Sports related items.

Other upcoming items: February 7 – District 8 ball in Elliott Lake, February 21 – Zone Shuffleboard at Branch 225 in Sturgeon Falls

Yours in Comradeship,  
Al Clark, Sports Officer

## NEVADA SALES

Your Branch is looking for Comrades to volunteer to sell Nevada Tickets at various functions in the near future. If you are interested in helping out, please contact me at 705-752-4673 or call the branch at 705-752-3773.

Yours in Comradeship  
Janice Daniher, Nevada / Lottery Chair

✂

.....  
If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the lounge.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

## **LADIES AUXILIARY REPORT**

I would like to take this opportunity to thank all the Ladies' and Branch members' alike for their generosity of a helping hand to all those functions which occurred during my absence.

I would especially like to give overwhelming thanks to Comrade Marion Smith for taking the helm as acting president, Kids and L.A. Xmas parties. She definitely needed help and along with Irene Lewis, Leslie Cerisano, Diane Bellaire, Jim Landon and Richard Rhindress manning the kitchen and to Ron Amyotte and Brian Villeneuve for their dedication and all the volunteers who have help prepare and serve such a sumptuous dinner. "THANK YOU" to Santa (Comrade Glen Bennett) for graciously giving his time to the joy of 40 kids this year. Unfortunately our meat pies campaign started with defeat but all in all at the end everything fell into place - a big thank you to the organizer Comrade Debbie Pyatt and her helpers. A customary glass of white or red wine at our Xmas' party adorned our table which was again donated by our liaison officer Don Bickerton and his lovely wife Sheila. Your expensive kindness is greatly appreciated.

Marion and I presented at the Branch General Meeting of January 8th a donation cheque for 3,000.00.

February Upcoming Events:

February 7th - Gord Evens Memorial Dart Tournament

February 22nd - Crib for Bucks

Our next General Meeting will be held on Monday, February 2nd please mark your calendar and plan to attend.

Yours in Comradeship,  
Helene Lariviere, Ladies Auxiliary President

## **BANQUET REPORT**

We would like to extend our appreciation and thankfulness for all your volunteerism dedication for a very busy December.

UPCOMING EVENTS:

February 7th - Baby Shower in the Seniors Room

February 14th - Annual Fishing Derby and Spaghetti Supper in the Main Hall

February 14th - Birthday Party in the Seniors Room

March 15th - St. Paddy's Day Dinner

March 28th - Wedding Reception - Main Hall

Yours in Comradeship,  
Helene Lariviere and Brian Villeneuve, Banquet Co-ordinators

## BRANCH 445 WEBSITE

Comrades, I have finally gotten caught up on posting all the pictures from the fall up to the New Years Levee. I have also redone the Last Post page, adding all Veterans that were members of the Branch for as long as we have records. If you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to "email the webmaster" on the main page of the site and let me know. Also, if you are interested in receiving your Bulletin by email, please click the link on the site to let us know. The Website is being updated often so check back periodically and see what's new. [www.callanderlegion.ca](http://www.callanderlegion.ca)

Yours in Comradeship,  
Caven Ford, Webmaster

## SERVICE OFFICER

If any Veterans and/or dependents are in need of assistance please contact:

Ron Van Tassell  
705-497-1102.

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship,  
Ron Van Tassell

## HOUSE AND PROPERTY

If there are any handy men and ladies interested in helping out at your Legion, please call John Pearce at 705-752-2297 to assist in keeping the branch in good shape. We wish to thank every volunteer that came out to paint the main hall recently, it really turned out well. Thank you all for your help!

Yours in Comradeship,  
John Pearce. House and Property

Phone: 705-752-1322

### New Branch Bar Hours

Monday thru Thursday: 1 pm - 9 pm

Friday: noon - 11 pm

Saturday: noon - 9 pm

Sunday: 1 pm - 6 pm

Don't forget that our deck is also licensed!

## **SICK AND VISITING**

Comrades,

Comrades Ken Hamilton, Scott Symons, Betty Clark, Helene Lariviere, Diane Cantin and Keith Kuehl are all at home recuperating. Comrade Sam Scarfone is in Toronto for treatment.

If you are aware of anyone's passing or illness, please contact me at 705-752-2867.

Yours in Comradeship  
Tony Gagliardi, Sick and Visiting Chair

## **SPORTS PARTICIPATION RULES**

Comrades,

In order to be eligible to participate in Legion Sports:

Members must be in good standing and must have their membership card for the year in which the championship is being held, in their possession at the site of the championship. Your membership card must be signed.

New members (defined as ordinary, associate and affiliate) in good standing are eligible to participate at all levels of competition immediately. Reinstated members are able to participate in Legion Member Sports immediately, provided they are members in good standing.

Comrades it has been brought to my attention that there is some confusion about moving on in Legion Sports. Branch 445 Callander has rules for participants to the end they should receive financial support from the branch.

In the immediate twelve months preceding these sporting events each competitor must have completed ten (10) functions for their branch.

These functions can be five (5) General Meetings and five (5) functions equaling ten (10).

You could also attend ten (10) General Meetings or perform at ten (10) separate functions.

Having completed these ten (10) functions you are now eligible for financial support from your branch in accordance with the financial stability/ability of the branch.

Those who have competed at Legion Sporting Events but have not completed the above requirements can proceed, if qualified, at their own expense.

Yours in Comradeship  
Don Mac Donald, Co-Chair Sports

# February 2015

---

**Sun            Mon            Tue            Wed            Thu            Fri            Sat**

<b>1</b>	<b>2</b> Exercise Class- 10am O/50 Euchre 1pm L.A. Meeting 7:30pm N.D.L.	<b>3</b> Pool 1:30pm Cribbage 7pm  Fiddlers 7pm	<b>4</b> O/50 Darts O/50 500 1pm	<b>5</b> Legion General Meeting 7pm	<b>6</b> Shuffleboard 1pm Yoga - 9:30am Roast Chicken Bill Vrebosch Friday Fun Darts	<b>7</b> Gord Evans Memorial Dart Tournament  Baby Shower- Seniors Room
<b>8</b>	<b>9</b> Exercise Class- 10am O/50 Euchre 1pm  N.D.L.	<b>10</b> O/50 Exec. Meet- ing - 10am  Pool 1:30pm Cribbage 7pm	<b>11</b> O/50 Darts O/50 500 1pm	<b>12</b> O/50 Pot Luck - 5:30pm  Scouting Meet- ing 7pm - Sen- iors Room	<b>13</b> Shuffleboard 1pm Yoga - 9:30am Pork Schnitzel Back in Tyme Friday Fun Darts	<b>14</b> Fish Derby/ Spaghetti Sup- per-Main Hall  Birthday Party- Seniors Room
<b>15</b>	<b>16</b> Exercise Class- 10am O/50 Euchre 1pm Meeting-Seniors Room 7-8:30pm N.D.L.	<b>17</b> Pool 1:30pm  Cribbage 7pm	<b>18</b> O/50 Darts O/50 500 1pm  VON Foot Clinic- Seniors Room	<b>19</b>  Legion Executive Meeting 7pm	<b>20</b> Shuffleboard 1pm Yoga - 9:30am Roast Beef The Legends Friday Fun Darts	<b>21</b>  Inter Branch Darts
<b>22</b> Crib for Bucks	<b>23</b> Exercise Class- 10am O/50 Euchre 1pm  N.D.L.	<b>24</b> Pool 1:30pm  Cribbage 7pm	<b>25</b> O/50 Darts O/50 500 1pm	<b>26</b>	<b>27</b> Shuffleboard 1pm Yoga - 9:30am Swiss Steak Back in Tyme Friday Fun Darts	<b>28</b>

# March 2015

---

**Sun            Mon            Tue            Wed            Thu            Fri            Sat**

<b>1</b>	<b>2</b> Exercise Class- 10am O/50 Euchre 1pm L.A. Meeting - 7:30pm N.D.L.	<b>3</b> Pool 1:30pm  Fiddlers 7pm  Cribbage 7pm	<b>4</b>  O/50 Darts O/50 500 1pm	<b>5</b>  Legion General Meeting 7pm	<b>6</b> Shuffleboard 1pm Yoga-9:30am Roast Chicken Plaid Apples Friday Fun Darts	<b>7</b>
<b>8</b>	<b>9</b> Exercise Class- 10am O/50 Euchre 1pm	<b>10</b> O/50 Exec Meet- ing-10am  Pool 1:30pm  Cribbage 7pm	<b>11</b>  O/50 Darts O/50 500 1pm	<b>12</b>  O/50 Pot Luck Dinner - 5:30pm  Scout Meeting 7pm - Seniors Room	<b>13</b> Shuffleboard 1pm Yoga-9:30am Pork Schnitzel Back in Tyme Friday Fun Darts	<b>14</b>
<b>15</b> St. Paddy's Day Dinner	<b>16</b> Exercise Class-10am O/50 Euchre 1pm N.D.L. Meeting-Seniors Room 7pm	<b>17</b> Pool 1:30pm  Cribbage 7pm	<b>18</b> O/50 Darts O/50 500 1pm  VON Foot Clinic- Seniors Room	<b>19</b>  Legion Executive Meeting 7pm	<b>20</b> Shuffleboard 1pm Yoga-9:30am Roast Beef Ramblin Fever Friday Fun Darts	<b>21</b>  Seniors Rm Booked
<b>22</b>	<b>23</b> Exercise Class- 10am O/50 Euchre 1pm  N.D.L.	<b>24</b> Pool 1:30pm  Cribbage 7pm	<b>25</b>  O/50 Darts O/50 500 1pm	<b>26</b>	<b>27</b> Shuffleboard 1pm Yoga-9:30am Fish and Chips Back in Tyme Friday Fun Darts	<b>28</b>  Wedding Recep- tion - Main Hall
<b>29</b>	<b>30</b> Exercise Class- 10am O/50 Euchre 1Pm  N.D.L.	<b>31</b> Pool 1:30pm  Cribbage 7pm				

## LESLIE'S HEALTHY EATING CORNER

### **Breakfast: MINI ZUCCHINI QUICHE** - Makes 24

2 sprays of cooking spray	30ml fresh, finely chopped basil
1/2 large onion finely chopped	1/2 tbsp. extra virgin olive oil
1 small zucchini, finely chopped	1tsp baking powder
1/2 cup shredded Parmesan cheese	1/2 tsp sugar
3 large eggs	1/2 tsp kosher salt
1/4 cup all-purpose flour	1/4 tsp black pepper

- \* Preheat oven to 375 degrees. Coat one 24 hole non-stick mini muffin pan with cooking spray.
- \* Combine all ingredients in a large bowl: spoon about 1 tbsp. egg mixture onto each prepared hole, making sure to stir mixture after filling each hole.
- \* Bake until bottoms are golden brown and quiches are cooked through, about 15 minutes. Remove from oven and let quiches cool for a few minutes in pan: remove to a wire rack to cool more.

### **Lunch: SLOW COOKER THREE-BEAN CHILI** - Serves 10

1 large onion, minced  
1 medium clove garlic, minced  
30 oz. canned kidney beans, rinsed and drained  
30 oz. canned pinto beans, rinsed and drained  
30 oz. canned diced tomatoes (with chilies optional)  
15 oz. canned tomato sauce  
1 1/4 oz. chili seasoning mix  
14 oz. frozen corn kernels  
1 tbsp. fresh lime juice, or to taste  
1/2 cup fresh, minced cilantro

- \* Combine onion, garlic, beans, tomatoes, tomato sauce, and seasoning mix in a slow cooker.
- \* Cover and cook on high heat for 2 to 3 hours (or low heat for 4 to 6 hours).
- \* Add frozen corn during last hour of cooking.
- \* Stir in lime juice and cilantro just before serving.

### **Supper: UN-STUFFED CABBAGE ROLLS** - serves 6 to 8

1.5 or 2 lbs. lean ground beef or turkey  
1 tbsp. oil  
1 large onion, chopped  
1 clove garlic, minced  
1 small cabbage, chopped  
2 cans (14.5 oz. each) diced tomatoes  
1 can (8 oz.) tomato sauce  
1/2 cup water  
1 tsp ground black pepper  
1 tsp sea salt

- \* In a large skillet, heat olive oil over medium heat.
- \* Add the ground beef (or turkey) and onion and cook, stirring, until ground beef is no longer pink and onion is tender.
- \* Add the garlic and continue cooking for 1 minute
- \* Add the chopped cabbage, tomatoes, tomato sauce, pepper, and salt.
- \* Bring to a boil.
- \* Cover and simmer for 20 to 30 minutes, or until cabbage is tender.

Yours in Comradeship,  
Leslie Cerisano - PRO

## POPPY INCOME

Tag Day and Door to Door	\$3,326.00
Poppy Puppies and Pins	\$800.00
Wreaths and Donations	\$3,084.30
Poppy Collection Boxes	\$2,363.70
<b>Total</b>	<b><u>\$9,574.80</u></b>

## POPPY EXPENSES TO DATE

Donation to North Bay Hospital (Fetal Monitor)	<b>\$1,500.00</b>
Veterans Dinner (2013)	\$975.00
Veterans Dinner (2014)	\$1,320.00
Veterans Christmas Gifts	\$517.75
Poppy Puppies and Pins	\$712.92
Miscellaneous (ribbons, stamps, programs, cards, advertisements etc.)	\$586.36
<b>Total</b>	<b><u>\$5,612.03</u></b>

Yours in Comradeship,  
Nancy Clark and Brian Villeneuve, Poppy Co-Chairs

### **Thank You!**

We thank the public for support of our

## **Annual Poppy Campaign**

**Oct. 1, 2014 to Nov. 11, 2014**

Funds Collected: \$9,574.80

Disbursements: \$5,612.03



***"Lest We Forget"***

Poppy Chairpersons Nancy Clark  
and Brian Villeneuve

Royal Canadian Legion  
Branch 445, Callander, Ontario

**Mark's**

T 705.476.8052 F 705.476.2734

955 McKeown Avenue  
McKeown Square  
North Bay, ON, Canada P1B 9P3



# CALLANDER LEGION FISHING DERBY 2015



## LOTS OF AWESOME NEW PRIZES AND SPONSORS!!!!



Lakeshore

**Date:** Saturday February 14, 2015

**Dinner:** 5 to 7 pm – Fish Measuring until 6pm

**Prizes:** All draw prizes are **ADULT** only!!! **3 GRAND PRIZES!!**

**Tickets:** Adults \$10.00, Child (under 12) \$5.00

or \$25.00 for a family of 4 (max. 2 adults)

Tickets Available at the Callander Legion December 1st

**New!! Shayna Lacourciere “KEEP ON FISHING” Trophy – Shayna**

Lacourciere was a local Callander outdoors girl. Ice fishing was a great passion of Shayna’s, no matter how cold out it was, she would be fishing. Unfortunately Shayna lost her life in August 2014 to HLH at the age of 20. In memory of Shayna a new trophy is being introduced to create more outdoors girls like her. Girls ages 6-16 draw a fishing picture, explain why you like fishing and in a minimum of 3 sentences tell a memory you have of fishing. The winner will be geared up to fish. Winner must also participate in the derby and be at prize ceremony to receive it. Entries due by January 15, 2015 at the Callander Legion. Include name, age and phone#

**Meet and Greet Cabela’s Pro Staff**  
**Member Amanda Lynn Mayhew 4:30**



# St. Patrick's Day Dinner

Sunday March 15<sup>th</sup>, 2015

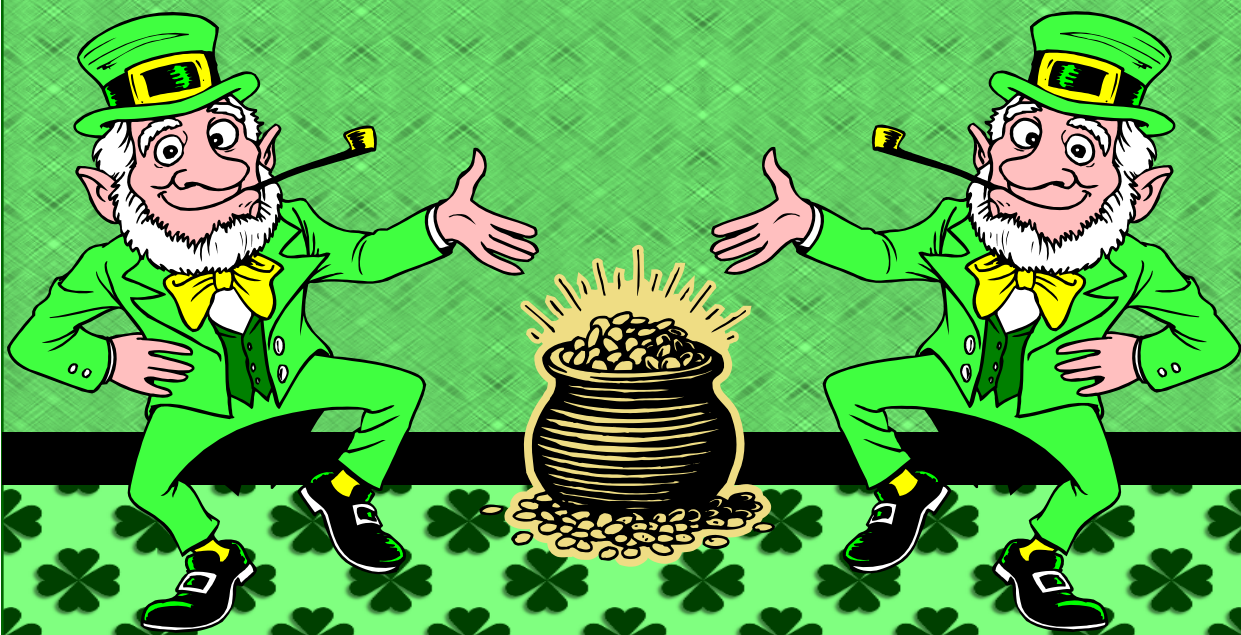
Granny Franny's

Corned Beef and Cabbage

Callander Legion Branch 445

Dinner served 4:00– 7pm \$10.00 per plate

Entertainment by Back in Tyme





# Veterans Town Hall

**Nipissing-Timiskaming**

**Federal Liberal Riding Association**

**Saturday February 7 2015- 10:30am**

## **There have been enough broken promises**

*Host*

**Anthony Rota**

As a Canadian and as a person who travelled to Afghanistan twice to support our troops, I am appalled and disgusted by the shameful attitude of the Harper Conservatives towards our veterans and their families. These men and women have sacrificed so much for us and we have a sacred obligation to provide for their physical and mental health needs in an effective and timely manner.

En tant que personne canadienne qui s'est rendue deux fois en Afghanistan pour supporter nos troupes, je suis consterné et dégoûté par l'attitude honteuse des Conservateurs de Harper envers nos anciens combattants et leurs familles. Ces hommes et ces femmes ont tant sacrifié pour nous et nous avons le devoir sacré de répondre à leurs besoins en santé physique et mentale de façon efficace et en temps opportun.

**ROYAL CANADIAN LEGION BRANCH 23**

**10:30 am-12:00**

**150 First Avenue West**

**North Bay**

***Join Anthony to discuss the Federal government's role in supporting our Veterans. Services and supports have declined under Harper rule. Come and renew your desire for a democracy that works for everyone.***

**JOIN US! ALL ARE WELCOME--- FREE ADMISSION**



**Wentworth Graham C.G.A.**  
President/Administrator

Telephone 705-752-1100  
Fax 705-752-2570  
E mail: nipissingmanor@bellnet.ca

**NIPISSING MANOR NURSING CARE CENTRE**

1202 Hwy. 94  
Corbeil, Ontario  
POH 1K0

## **BONFIELD LIONS CLUB TENT RENTALS**



**20 X 20 TENTS**

**Delivery, Setup & Take Down**  
**Call 05-776-2452 for Information**  
**or email bonfieldlions@hotmail.ca**  
**Visit us at [www.lionwap.org/bonfieldca](http://www.lionwap.org/bonfieldca)**



Investors Group Financial Services Inc., \*I.G. Insurance Services Inc.

**LIZ BRAZEAU**  
Consultant

301 - 1350 Fisher Street, North Bay, ON P1B 2H1  
Ph. (705) 472-4731 Ext. 280 Cell (705) 358-5768  
Fax (705) 497-1566  
[liz.brazeau@investorsgroup.com](mailto:liz.brazeau@investorsgroup.com)

\* License Sponsored by The Great-West Life Assurance Company

## **NORTH ONTARIO FOOD SALES**

740 STOCKDALE ROAD, NORTH BAY, ONTARIO P1B 6L4

### **WHOLESALE FOOD PRODUCTS**

**Augustin Ostojic**  
Member of Associated Food Distributors



**Vic Fedeli**  
MPP Nipissing

*Constituency Office:*  
185 Main Street East  
North Bay, ON P1B 1A9  
Phone: 705-474-8340  
[vic.fedeli@pc.ola.org](mailto:vic.fedeli@pc.ola.org)



Bus: (705) 752-4550

## **CALLANDER ANIMAL HOSPITAL**

*Ron Schweitzer D.V.M.*

1878 Hwy. 94  
Callander, ON

Callander, ON  
POH 1H0



*Whispering Pines  
Funeral Home Ltd.*

**North Bay**  
591 Cassels St. North Bay

**Powassan Callander**  
15 King St. Powassan      87 Lansdowne St. Callander



*a Lifetime  
Remembered...*

**McGUINTY**  
FUNERAL HOME



**Jim's** (705) 472-2080  
**Locksmithing**

Specializing in Commercial & Residential and Automotive Locks and Keys **Sharpening**

24 Hr. Emergency Service

315 Algonquin Ave., North Bay, ON P1B 4W1



**DASH Appliances**

AUTHORIZED WHIRLPOOL SERVICER  
SERVICING MOST MAKES & MODELS  
SERVING THE BLUE SKY REGION  
980 MAIN ST. N., UNIT A5  
CALLANDER, ON  
POH 1H0  
Phone 705.752.0468  
Fax 705.752.0469  
dashappliances@hotmail.com




**COLDWELL BANKER**

Peter Minogue Real Estate Inc., Brokerage  
382 Fraser St., North Bay, ON P1B 3W7

**Cindi Griffin**  
Sales Representative

Office (24 hr): 705-474-3500  
Cell/Text: 705-498-8744  
Home: 705-729-5128  
Fax: 705-495-4423

cindig.realestate@gmail.com  
www.cbnorthbay.com

Independently Owned and Operated



*Delivering Assistance*  
with **FEDERAL GOVERNMENT SERVICES**



**JAY ASPIN, MP**  
NIPISSING-TIMISKAMING  
jay.aspin@parl.gc.ca www.jayaspin.ca 705.474.3700

**RYANS RENTALS & SERVICES**

*Snow Plowing*

Log Splitters, Packers  
Tillers, Trailers, Mini Hoe,  
Case Front End Loader, and  
Much, Much More

Home - (705) 713 - 0124  
Cell - (705) 471 - 2318

